

MARKET AT A GLANCE

Monday, 23 March 2026



Indices Update

Indices	Rate	% Chg
Dow Jones	45577.47	-0.96
Shanghai	3880.39	-1.94
Sensex	74532.96	0.00
MSCI Asia Pacific	238.069	-0.70

Currencies

Currencies	Rate	% Chg
USDINR	93.72	0.05
EURUSD	1.1553	-0.15
USDJPY	159.47	0.16
Dollar Index	99.579	-0.07

International Market Rates

Commodities	Rate	% Chg
Gold (\$/oz)	4393.00	-3.98
Silver (\$/oz)	66.10	-4.78
NYMEX Crude Oil (\$/bbl)	98.61	0.39
NYMEX NG (\$/mmbtu)	3.042	-1.71
COMEX Copper (\$/Lbs)	5.3425	-0.45
LME NICKEL (\$/T)	17019	0.10
LME LEAD (\$/T)	1895	0.32
LME ZINC (\$/T)	3054	-0.07
LME ALUMINIUM (\$/T)	3200	0.23

Previous day's closing

Expected Opening In MCX

Commodities	Rate	% Chg
Gold mini	138770	-4.03
Silver mini	222075	-4.17
Crude oil	9248	0.78
Natural Gas	286.0	-0.74
Copper	1098.15	-0.24
Nickel	1558	-0.45
Lead	189.51	0.88
Zinc	305.67	-0.64
Aluminium	330.89	-0.12

Intraday Technical Outlook

Instruments	Technical Commentary	Outlook
Gold LBMA Spot	Prices remain choppy but a direct drop below \$4600 would trigger another round of liquidation.	↔
Silver LBMA Spot	Consistent trades below \$70 would liquidate prices further. Else, mild recovery upticks expected.	↔
Crude Oil NYMEX	Recovery upticks likely to extend the day. Stiff support is placed at \$88.	↑
MCX	Technical Commentary	Outlook
Gold KG Apr	Break below Rs 140000 would extend liquidation. If not may see recovery upticks.	↔
Silver KG Mar	Likely for choppy trading initially. Stiff support is placed at Rs 2250000.	↔
Crude Oil Apr	Intraday bias remains on the positive side. Anyhow, stiff support is placed at Rs 8500.	↑
Natural Gas Mar	Choppy with recovery rallies expected. Break below Rs 280 may see corrective selloffs.	↔
Copper Mar	Intraday bias mostly choppy with mild negative as long as prices stay below Rs 1100.	↔
Nickel Mar	Support is placed at Rs 1450, which if cleared would extend weakness.	↔
ZincM Mar	While prices stay below Rs 318 likely to extend weak momentum for the day.	↔
LeadM Mar	Expect choppy trading but major support is placed at Rs 185.	↔
Alumini Mar	Rangebound with mild upticks expected. Break below Rs 322 likely to trigger liquidation.	↔

MCX TECHNICAL LEVELS

	COMMODITY	S1	S2	S3	Pivot	R1	R2	R3
BULLION	GOLD APR6	142432	140373	137360	145445	147504	150517	152576
	GOLDM MAY6	142479	140360	137300	145539	147658	150718	152837
	GOLDGUINEA MAR6	116198	114217	111316	119099	121080	123981	125962
	SILVER MAY6	220051	213331	203356	230026	236746	246721	253441
	SILVERM APR6	230788	223969	213538	241219	248038	258469	265288
	SILVERMIC APR6	230714	223525	212683	241556	248745	259587	266776
BASE METALS	COPPER MAR6	1105.1	1090.1	1067.9	1127.3	1142.3	1164.5	1179.5
	LEAD MAR6	189.7	189.6	191.3	188.0	188.1	186.4	186.5
	ZINC MAR6	305.0	302.9	300.4	307.5	309.7	312.2	314.3
	ALUMINIUM MAR6	327.5	324.4	320.0	331.9	335.0	339.4	342.5
ENERGY	NATURALGAS MAR6	283.4	278.7	271.5	290.6	295.3	302.5	307.2
	CRUDEOIL APR6	8910	8563	8373	9100	9447	9637	9984
INDICES	MCX BULLDEX	36160	36160	36160	36160	36160	36160	36160

GLOBAL BENCHMARKS

NYMEX/COMEX	100 GOLD MAR26	4539.4	4502.6	4428.8	4613.2	4650.0	4723.8	4760.6
	SILVR 5000 MAR26	66.59	62.24	57.48	71.35	75.69	80.45	84.80
	LIGHT CRUDE MAY6	94.93	91.05	88.68	97.30	101.18	103.55	107.43
	NAT GAS APR26	3.04	2.98	2.91	3.10	3.16	3.23	3.29
	HG COPPER MAR26	5.33	5.22	5.14	5.41	5.52	5.60	5.71
LME	ZINC	2827	2843	2767	2903	2887	2963	2947
	LEAD	2023	1993	1973	2043	2073	2093	2123
	ALUMINIUM	2575	2575	2536	2614	2614	2653	2653

BULLISH 
 BEARISH 
 MLD BULLISH 
 MILD BEARISH 
 +RANGE BOUND 
 - RANGE BOUND 

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